

Cascade Challenge 2023 Registration

Save the Date: MAY 19th – May 21st, 2023, at Fire Mountain BSA Camp, Mount Vernon



What is Cascade Challenge?

Cascade Challenge is a primitive tent camping/outdoor skills competition weekend for Cadettes (Gr. 6-8) & Senior/Ambassador (Gr. 9-12) of Girl Scouts of Western Washington Council*. This event is sponsored by SU245 and brought to you by a GSWW Committee of Volunteers. **This will be our 41st year!** **COVID-19 Considerations: We will be following Washington State/Public Health, GSWW, and Scouts BSA Guidelines.**

Troops will Arrive Friday afternoon after 3PM to set up your campsite. Relax, look at the camp, mingle with other troops. All **challenge rotations** will take place on Saturday, where the scouts will be evaluated on their teamwork, leadership skills, and combined knowledge in the skill areas listed below. Saturday night is our famous **Dinner Challenge!** End Saturday relaxing at our roaring all camp campfire with songs and skits. Awards and recognition will occur on Sunday morning.

Things to keep in mind: Troops bring **ALL** of the equipment necessary for primitive troop camping and will be cooking all their own meals. Campsites are in an open, grassy, tree-less, bumpy meadow. Site sizes are approximately the size of a two-car garage (considerations will be taken given State Mandates and group sizes). Water, outhouses, and handwashing stations are provided. Troops carry their gear from a staging area to their site (about the length of a football field). *The Troop Preparation Packet* is sent upon registration to guide your training and planning.

How Many Scouts can come?

Register as a troop or form your own group with registered Girl Scouts from Multiple Troops. Each troop can have 2-8 members with a 2-adult requirement. To include more troops, we have a limit of one group per troop. *(After Dec 15, 2022, and dependent on space availability, registration opens to troops/groups from any Girl Scout council and additional groups from the same troop)*

And the Challenges for 2023 are....

All challenges include the respective GSWW Volunteer Essentials and Safety Activity Checkpoints.

- ❖ **Fire Building:** With your ten essentials packed, show us your campfire skills to accomplish a task.
- ❖ **Team Dynamics:** Your positive & cooperative teamwork skills will lead you to success.
- ❖ **Plants, Shelters, & Knots:** Show us how to survive an unplanned overnight in the woods.
- ❖ **First Aid:** Test your knowledge of treating outdoor ailments.
- ❖ **Campsite Maintenance:** Demonstrate how well you establish & keep a 'good' safe campsite.
- ❖ **Challenge Dinner:** Prepare a creative & nutritious dinner with surprise ingredients (revealed to only the Cadette troops upon arrival Friday). All prep & cooking is done without leaders present.
- ❖ **Leader's Challenge:** Paperwork timeliness & accuracy, skillful mentoring, and letting go will help set your troop up for a successful experience.



Registration Opens November 1st, 2022

Web: GSCascadechallenge.com

Facebook: [GS Cascade Challenge](#)

Questions? Ask Kat "Bodhi" Cole, Girl Scout Volunteer/Committee Chair at gscascadechallengeinfo@gmail.com or 425-275-3947.

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Cost:

- \$35 per person
- **Gluten free** options for dinner challenge are available for an additional **\$1.00** per person.
- **Deposit: \$75** per troop due at registration

Why this amount? This amount includes site fees, Saturday dinner, event patch, and awards.

Key Dates:

November 1st, 2022: Registration opens (registrations received prior to this date will be thrown into a basket and randomly drawn for processing)

March 31st, 2023: Final payment **MUST** be postmarked by this date.

March 31st, 2023: Registration closes

May 19th-21st 2023: Cascade Challenge Weekend

Registration information:

- **Adults:** Minimum and maximum are two per troop.
- **Troop Members:** Minimum of 2 and the maximum is 8.
- **Total Participants:** Minimum of 8 troops or 50 scouts, max is 20 troops.
- **Payment:** Checks payable to GSWW- SU 245 Cascade Challenge and **Mailed with the below Registration Half Sheet to Karin Cook, Registrar 17102 Ashworth AVE North, Shoreline WA 98133**
- Registration will be acknowledged by email from the Cascade Challenge Committee Registrar and sent to both advisors and will include the *Challenge Troop Preparation Packet*.
- **Cancellations received after March 31st, 2023, will forfeit their deposit.**
- **If the final payment is not postmarked by 3/31/2023 the registration for your troop is cancelled, your spot will be offered to a waitlisted troop and your deposit will not be returned.**
- Waitlisted troops (that are not placed) will receive their deposits back after the event takes place.
- *The Leader's Challenge* begins with the **thorough, legible, and accurate** completion of this registration form 😊
- Troops requesting vegetarian & medically necessary gluten free food will receive such option for the entire troop.
- **Leaders in gluten-free or vegetarian troops will be placed with a different troop with the same food restrictions for dinner challenge.**



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Registrations received prior to November 1st will be placed in a basket, and randomly drawn for the order of processing.

Troop/Group: _____ SU# _____ Registering as (Circle One): **Cadettes** **Senior/Ambassador**

*Mixed level? IF you have 2 or more S/A then we recommend registering for the S/A level

Girls By Grade: 6 ____ 7 ____ 8 ____ 9 ____ 10 ____ 11 ____ 12 = Total _____ Enclosed Deposit Amount _____

Will your troop be requesting Gluten Free (+\$1 PP) for the challenge dinner? Yes No

Will your troop be requesting the Vegetarian Option for Challenge Dinner? Yes No

#1 Advisor Name:	Advisor #1 Phone:
GSWW Outdoor Trained Adult: Yes No	Address:
Adult First Aider: Yes No	City: Zip:
#2 Advisor Name:	Advisor #2 Phone:
GSWW Outdoor Trained Adult: Yes No	Address:
Adult First Aider: Yes No	City: Zip:
	Email:

Please identify one Girl Scout Troop Member (participating youth) to receive email updates and the 2023 packet. If this is not possible, initial here () to confirm you will provide each attending Girl Scout a copy of the 2023 packet prior to the event.

Troop Member Name: _____ Troop Member Email: _____